

MATTHEW KENNEY NM

plant-based cuisine

START/SHARE

- GUACAMOLE.** 10
Preserved Lemon. Capers. Parsley. Za'atar Crackers.
- SEASONAL DIPS.** 12
Muhammara. Sprouted Garbanzo Hummus.
French Lentil Pate. Seasonal Vegetables. Crackers.
- GREEN GAZPACHO.** 6/8
Cherry Tomato. Dulce. Paprika Oil.
- TODAY'S SOUP.** 6/8
- AVOCADO TOAST.** 12
Cured Beet. Radish. Garden Herbs. Country Wheat Bread.
- RYE TOAST.** 12
Smoked Carrot. Cashew Cream Cheese. Capers.
Shallot. Dill.

SANDWICH

SERVED WITH SIDE SALAD.

- BURGER.** 17
Mushroom+Vegetable Burger. Lettuce. Tomato.
Pickles. Housemade Ketchup.
- REUBEN.** 15
Pastrami Roasted Cauliflower. Russian Dressing.
Purple Sauerkraut. Arugula. Rye Bread.
- WILD MUSHROOM SANDWICH.** 17
Arugula. Carmelized Onions. Truffle Aioli.
Country Wheat Bread.
- WELLTH® COMBO.**
Half Sandwich: Reuben or Wild Mushroom. Soup or Salad. 16
Half Sandwich: Reuben or Wild Mushroom. Soup and Salad. 20

SALAD

- TACO SALAD.** 18
Hearts of Palm Ceviche. Sunflower Chorizo. Radish.
Avocado. Romaine. Sunflower Sour Cream.
- GINGER STONE FRUIT.** 18
Mixed Greens. Fennel. Purple Radish.
Pistachio-Miso Dressing.
- CAESAR.** 18
Little Gem. Nori Dust. Caper Berries. Caesar Dressing.
Sunflower Parmesan.
- BABY KALE.** 17
Crispy Brussel Sprouts. Arugula. Dates. Citrus.
Dijon Vinaigrette.

BOWL/PLATE

- ZUCCHINI NOODLE TAGLIATELLE.** 16
White Corn + Legume Succotash. Muhammara. Parsley.
- MAC N' CHEESE.** 18
Creamy Cashew Alfredo. Smokey Shiitake Mushroom. Kale.
- CAULIFLOWER MEZZE BOWL.** 18
Quinoa-Hemp Seed Tabouli. Sprouted Chickpea Hummus.
Harissa. Mint-Tahini.
- OYSTER MUSHROOM CARNITAS.** 17
Blue Corn Tortillas. Fresno Hot Sauce.
Red Cabbage Salsa. Avocado.
- AVOCADO NORI ROLL.** 16
Bell Pepper. Carrot. Radish. Quinoa. Wasabi. Pickled Ginger.
- BUILD YOUR OWN BOWL.** 18
GRAINS.
Choose one: Brown Rice. Quinoa. Lentils. Garbanzo Beans.
VEGETABLES.
Choose three: Broccoli. Cauliflower. Mixed Greens.
Sautéed Kale. Purple Kraut. Pico De Gallo.
SAUCE.
Choose one: Caesar Dressing. Harissa. Mint Tahini.
Hummus. Lime Crema. Russian Dressing.

SWEET

- BROWNIE A LA MODE.** 10
Vanilla Bean Ice Cream. Caramel. Shaved Walnut.
- STRAWBERRY SHORTCAKE.** 10
Macerated Strawberries. Coconut Whipped Cream.
- SEASONAL CHEESECAKE.** 10
- SEASONAL SORBET.** 6

A 20% SERVICE FEE IS ADDED TO PARTIES OF 6 OR MORE.